

Sweet Apple Chicken Sausage, Endive, and Blueberry Salad with Toasted Pecans

INGREDIENTS:

- 12 ounces apple chicken sausage
- 1 tablespoon quality oil
- 4 cups sliced Belgian endive
- 1 cup salad greens
- 1 cup blueberries
- 2 ½ tablespoons apple cider vinegar
- 2 ½ tablespoons honey
- ¾ teaspoon salt
- ¼ teaspoon black pepper
- 2 tablespoons chopped, toasted pecans

PREPARATION:

Sauté chicken sausage in oil over medium heat until browned. Set aside. Combine endive, greens, blueberries, and sausage in a large bowl. In a small bowl, combine vinegar, honey, salt and pepper and whisk together. Add dressing to mixture. Sprinkle pecans on top.

<http://allrecipes.com/recipe/sweet-apple-chicken-sausage-endive-blueberry-salad-with-toasted-pecans/>

NOTES FROM THE COOK: